

Starters



Chicken Salad K3,000.00

Boiled chicken breast cut into strips and served on a combination base of lettuce, onion, tomato, carrot and cucumber. Dressed with a sweet chilli sauce.

Beef Carpaccio K3,500.00

Rump or Sirloin steak coated and seasoned with crushed black peppercorns and toasted. Rolled up and let to freeze, served in a thin slices of steak surrounding the green salad. Dressed with sweet basil paste.

Prawn Cocktail K5,500.00

Queen sized prawn out of shell with cocktail sauce, served on a bed of lettuce in a wine glass. Dressed with a cocktail sauce.

Greek Salad K3,000.00

Freshly plucked lettuce served in a bowl with a combination of tomato wedges, onion rings, feta cheese, olives and cucumbers. Dressed with vinaigrette sauce.

Mixed Vegetable Soup K2,000.00

Finely chopped mixed vegetables in season, sueted and cooked in a vegetable stock, simmered to give maximum flavour.

Cream Of Mushroom Soup K2,700.00

A health and rich cream of soup that has been rouxed to give it that required, creamy consistency.

Minestrone Soup K2,500.00

A rich beef stock soup boiled and simmer with a mixture of pastas and vegetables. Seasoned to taste.

**All soups are served with bread rolls or bread croûtons.*

Chicken Dishes



Chicken Schnitzel K5,000.00

Battered and well marinated chicken breast, grilled and tendered, passing through egg wash and coated in bread crumbs then deep fried. Served with mushroom sauce.

Chicken Cacciatore K5,000.00

Cooked quarter chicken in arabiata sauce with olives and parmesan cheese. Served in a bowl.

Grilled Quarter Chicken K4,500.00

A well pre-marinated quarter chicken grilled to order or choice.

Grilled Half Chicken K8,000.00

A well pre-marinated quarter chicken grilled to order or choice.

Sizzling Chicken Fillet K6,500.00

Supreme of chicken fillet, marinated, then tenderly grilled and topped with sunrise fried egg, on a bed of chips, and served while sizzling.

Chicken Arabian Pita K7,500.00

A well sautéed cubed fillets of chicken in a mixture of diced onions, mushrooms, green pepper, garlic, green chilli and tomato on Arabian pita crust. Topped with cheddar cheese then baked in oven at a moderate heat.

Chicken Latino K5,000.00

A breast of chicken marinated and sealed with cooked spinach and olives. Topped with cheddar cheese and melted in oven.

Quarter Peri-Peri Chicken K5,000.00

A well marinated chicken in a hot peri-peri sauce then fried to choice.

Chicken Kiev K6,000.00

A breast chicken inserted with garlic butter, coated in bread crumb and then deep fried.

Chicken Khwasu Khwasu K5,000.00

Malawian own way of spiced chicken pieces, fried in cubes with green pepper, onions, tomato, garlic paste, and tomato paste, finished in a mango achar sauce.

Chicken Kebab Oriental K6,000.00

Cubes of chicken fillets in Kebab sticks well paired with cubed green pepper, tomato and onions, freshly marinated in garlic pasted sauce, grilled and served on bed of fried rice.

Steaks



Special Palm Valley Medallion Steak Confit K8,000.00

A trio of medallion beef steak marinated and grilled to tender, served on a base of three baked châteaux potato confit with honey and mustard sauce then topped with three crispy bacon. Served with seasonal vegetables.

Braised Beef K4,500.00

A well flavoured braised beef, boiled and cooked in a red wine demi-glace sauce. Served in a bowl.

T-Bone Steak K5,000.00

An entrecôte with T shaped bone, pre-marinated to tender and grilled to choice.

Grilled Beef Steak K5,500.00

A tenderly marinated fillet steak, perfectly grilled to choice.

Sizzling Portuguese Steak K6,500.00

Supreme of beef fillet, marinated grilled to order then topped with fried egg and sausage on a bed of rice and served while sizzling in a sizzling pot.

Extra Steak Sauces K1,000.00

A choice of either Sour Cream or Barbecue sauce to enhance the flavour of your steak.

**All dishes above are served with a choice of chips, roast potato, mashed potato, baked potato, nsima, or rice.*

Fish & Seafood



Chambo Palm Valley Special K8,000.00

A well pre-marinated open chambo in special garlic and lemon butter sauce then charcoal grilled. Served with tartar sauce.

Chambo Fillet In Bread Crumbs K7,500.00

Fillet of chambo passed through egg wash and bread crumbs and then deep fried. Served with tartar sauce.

Chambo Fillet In Lemon Butter K7,500.00

Fillets of chambo shallow fried in lemon butter. Served with tartar sauce.

Malawian Style Chambo K7,500.00

Whole or chunks of chambo traditionally boiled in onion and tomato with a lemon squeeze.

Whole Or Open Chambo K7,500.00

Well marinated whole or open chambo, fried to order or choice.

Boiled Mcheni K6,000.00

A traditionally cooked mcheni chunks in tomato and onion sauce, simmered to taste.

Fried Mcheni K6,000.00

Well marinated whole or open mcheni, pan fried in a moderate heat to attain golden brown. Fried to order.

Prawns Mozambican K12,500.00

King sized Mozambican prawns with shells passed through peri-peri and lemon sauce, then pan fried.

**All dishes above are served with a choice of chips, roast potato, mashed potato, baked potato, nsima, or rice.*

Curry Corner



Mixed Vegetable Curry K3,000.00

Mixed vegetables in season such as green beans, dices of carrots, green peas, green pepper and cubes of Irish potatoes cooked in mild curry sauce.

Chicken Curry K5,000.00

Skinned or out of skin chicken pieces browned, then cooked in curry sauce at low heat. Served with sambles.

Goat Curry K4,500.00

Boiled goat cubes, browned then cooked in hot or mild curry sauce flavoured with bay leaves and served with Sambles

Beef Curry K5,000.00

Well browned beef cubes, then finished in hot or mild curry sauce served with Sambles

Curried Prawns K11,000.00

Queen Prawns fried out of shell then cooked in curry sauce served with lemon sauce and Sambles.

Pasta



Spaghetti & Meatballs K4,000.00

Toasted meatballs in a Ragu sauce with Napolitano, served on a base of spaghetti topped with sweet basil and parmesan cheese.

Spaghetti Bolognese K4,500.00

A well cooked spaghetti and Bolognese sauce, in a white wine and mushrooms mixed with herbs, chopped onions and carrots, then served on a base of spaghetti.

Spaghetti Napolitana K3,500.00

Al dente cooked spaghetti topped with Napolitana sauce.

Baked Macaroni K4,000.00

Boiled macaroni and simmered in creamy béchamel sauce, then topped with grated cheddar cheese and baked in oven

Beef Lasagna K6,000.00

A Ragu sauce served in between the layers of lasagne pasta sheets, then topped with creamy white sauce with grated cheddar cheese and baked

Vegetable Lasagna K4,500.00

Brunoise cuts of vegetables in season sueted and cooked in Napolitana sauce, served in between the layers of lasagne sheets, topped with grated cheddar cheese and baked.

Pizza Inn



Four Seasons K7,500.00

A medium sized pizza base topped with salami, onions, mushrooms, tomatoes, green pepper, oregano, and mozzarella cheese.

Chicken K7,500.00

A medium sized pizza base topped with fried flakes of chicken fillets, mushrooms, and mozzarella cheese.

Barbecue K7,500.00

Steak cubes fried in barbecue sauce, on a medium sized pizza base and topped with grated mozzarella cheese.

Hot Mexican K7,500.00

Beef steak, tomatoes, onions, green chilli, olives, garlic, oregano and Grated mozzarella cheese on a medium sized pizza base.

Vegetarian K6,000.00

Mushrooms, tomatoes, green pepper, sweet corn, onions and grated mozzarella cheese on a medium sized pizza base.

Extravaganza K8,500.00

Combination of chicken fillets, beef steak, salami, mushrooms, onions, green pepper, sweet corn, oregano and cheese on a medium sized pizza base.

Bon Appétit



**Please see the back of the menu for Desserts and special kids meals*

Palm Valley Lodge
P.O.Box 60 Bvumbwe, Malawi
www.palmvalleylodge.com



Menu

Kids Menu

Chicken Nuggets **K3,000.00**
Cubes of chicken fillets marinated and coated in bread crumbs rolled into balls, and then deep fried.

Fish Goujons **K4,000.00**
Strips of fish fillet marinated and passed through egg whites and bread crumbs before being deep fried.

Plain Chips **K1,500.00**
An entrecote with T shaped bone, pre-marinated to tender and grilled to choice.

Masala Chips **K2,000.00**
A tenderly marinated fillet steak, perfectly grilled to choice (Rare, Medium Rare, Medium, to Well done) .

Desserts

Fresh Fruit Salad with Cream **K3,000.00**

Ice Cream **K3,500.00**

Chocolate Brownies **K4,000.00**

Crepes with syrup **K3,000.00**

Apple Tart **K4,000.00**

Trifle **K3,500.00**



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Menu